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orandum est ut sit mens sana in corpore sano

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SPECIFIC FEATURES OF THE PSYCHOLOGICAL PROFILE OF 13-15 YEAR-OLD BOXERS

**CARACTERÍSTICAS ESPECÍFICAS DEL PERFIL PSICOLÓGICO
A BOXEADORES DE 13-15 AÑOS**

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Abstract

The creation of an objective, up-to-date and scientifically-based system for diagnosis and evaluation in

The creation of an objective, up-to-date and scientifically-based system for diagnosis and evaluation in amateur boxing directly reflects on the quality of the training process and the achievement of high success in the competition.

There are close interrelationships between the various components of the system for control and management of the sports training process. The objectivity of the measurements and the adequacy of the evaluation parameters contribute to the optimization of the overall control activity and its prognostic aspects. The way in which control is exercised at all stages of sports training is one of the key factors influencing the dynamics of sporting achievements.

The theoretical considerations in this paper are mainly based on the thesis that diagnosis and assessment are a key factor in the quality of control activity in the amateur boxing.

Quantitative and qualitative analysis of interactions between relevant indicators in assessing the physical, psycho-functional, psychological and technical tactical training of boxers provides valuable information. It can be used to optimize training programs and to predict sporting outcomes.

The determination and rationale of the specific scientific problem to be elucidated in the context of this study is related to the insufficient amount of current data on the leading structural features of the physical and psychological status of 13-15-year old boxers.

The role of boxing diagnostics is related to the development of methods for detecting and measuring the individual psychological, physical and psycho-physiological characteristics of athletes. Diagnostic activity focuses on objectivizing the athlete's current state and comparing it with some standards, norms of development and achievements.

Lawrence emphasizes that elite athletes in all sport activities are under great strain because they have to be at their highest level. Therefore, it is not surprising that many researchers say that psychological characteristics are what distinguishes those who achieve excellence from those with lower sport results. Even earlier studies confirm the link between psychological characteristics and sport achievements.¹

The results of the measurements of the distribution of attention (Peev et al. test) are also normalized in standard nine and differentiated in 9 grades (table 3). As can be seen from Table 3, the bulk - n = 52 boxers (32.3%) have a 7-point high score. 29.2% of the subjects surveyed had 6 average median results and 18.6% achieved a 5- standard nine average score.

	Frequency (number)	Percent	Valid percent	Cumulative percent

Table 5 contains the results of the comparison between the individual degrees of attention distribution and those of the rate of work (Test Peev et al., tapping test). The results of the study reveal the following: 13-15-year-old boxers with 9 high-level attention-sharing scores have the fastest tapping test than expected. The data show that young boxers with 3 low scores and 4 average scores have a slower tapping test than expected. It has also been shown that athletes with 7 high scores show a faster test run than expected.

χ^2 (df = 14, N = 161) = 63,851; p < 0,001; Phi=0,634 Cramer's V= 0,448			Tempo		
			Slow motion in tapping test	Medium motion in tapping test	High motion in tapping test
Distribution of attention Peev et al. test	1 Standard nine low result	Observed frequencies	4	0	0
		Theoretical frequencies	1	1,5	1,6
		Percent included in Peev et all. test.	100,00%	0,00%	0,00%
	3 Standard nine low result	Observed frequencies	4	2	0
		Theoretical frequencies	1,4	2,2	2,4
		Percent included in Peev et all. test.	66,70%	33,30%	0,00%
	4 Standard nine medium result	Observed frequencies	4	0	2
		Theoretical frequencies	1,4	2,2	2,4
		Percent included in Peev et all. test.	66,70%	0,00%	33,30%
	5 Standard nine medium result	Observed frequencies	10	16	4
		Theoretical frequencies	7,2	10,9	11,9

Percent included in Peev

Specific features of the psychological profile of 13-15 year-

The objectification of the leading psychological indicators that have an influence on the athletes' performance and high values of the statistical dependencies with the other indicators (anthropometric and motor) correspond to our theoretical model (test battery) of our expectations and thus confirm its usefulness about the practice.

The clarification of the basic parameters of the psychological profile of the young boxers, aged 13-15 years, as well as the analysis of their interrelationships and dependencies with the basic parameters of the motor (conditioning and coordination) profile, justifies the refinement of objective criteria. Thus, create favorable conditions for the realization of scientifically justified control activity in boxing for the envisaged age period.

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